

4th Sevenoaks Scout Group



Event: Night hike and sleepover **Dates:** 7-8th March 2014

Location: Scout Hut, Mill Lane

Meeting place and time: As above; 19:30

Collection place and time: As above, 07:30 (before breakfast)

Cost: No charge

Transport details: If any parents are available to drop off scouts on Friday evening, it would be appreciated.

Activities: Night Hike

Further details:

Organiser and contact details: Shelia Burgin / Michael Dreksler (bluefish101@gmail.com)

Contact details during the event: Michael 07977 480 307.

Please keep this section for your own information, and detach and return the section below.

Note: All activities will be run in accordance with The Scout Association's safety Rules. No responsibility for the personal equipment/clothing and effects can be accepted by the organisers and The Scout Association does not provide automatic insurance cover in respect to such items.

Please complete and return this section to Scout Leaders by **07/03/2014**

Name of young person: **D.o.B:**

Event: Night hike and sleepover

*I enclose a cheque or cash for **N/A** (please make cheques payable to **4th Sevenoaks Scout Group**)
I have noted the arrangements above and agree to the named young person taking part. I understand that the event Leader reserves the right to send any participants home if deemed necessary.*

Is he/she able to swim 50 metres and stay afloat for five minutes in light clothing? Yes / No

Emergency contact (mobile no): **Phone:**

Doctor's name and contact details: **Details of any medications currently being taken:**

Dr: Surgery:

Tel: *(Please use a separate sheet if necessary)*

Details of any disabilities, conditions, allergies, dietary, cultural or special needs that might affect this event: **Details of any infectious diseases he/she has been in contact with in the last three weeks:**

(Please use a separate sheet if necessary)

If it becomes necessary for the above named young person to receive medical treatment and I cannot be contacted to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Leader in charge to sign any document required by the hospital authorities.

Signed: **Date:**

Relationship to young person:

Note: The medical profession takes the view that the parent's/carer's consent to medical treatment cannot be delegated. This view is explicit in The Children's Act 1989. Thus, medical consent forms have no legal status and a doctor or nurse insisting on the consent of a parent/carer to a particular treatment has the right to do so. For this reason we do not recommend that Leaders insist on parents/carers signing the statement above. However, it can be a comfort to medical staff to have general consent in advance from parents/carers or to have a Leader on hand able to sign forms required by medical authorities.

Nights Away Kit List

All young people will need to bring their personal equipment and **should be encouraged to pack themselves**. This list is only a guide.

- | | |
|--|---|
| <input type="checkbox"/> Complete uniform , Scout scarf | <input type="checkbox"/> Scarf, hat and gloves (as appropriate) |
| <input type="checkbox"/> Warm sweater, jumper or sweatshirt | <input type="checkbox"/> Sun hat, sun cream and sun glasses (if reqd) |
| <input type="checkbox"/> T-shirts or similar | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Trousers or shorts | <input type="checkbox"/> Foam roll / karrimat |
| <input type="checkbox"/> Spare underclothes (one pair per day) | <input type="checkbox"/> Plate, bowl, mug and cutlery (named & in a bag) |
| <input type="checkbox"/> Spare socks (one pair per day) | <input type="checkbox"/> Tea towel |
| <input type="checkbox"/> Nightwear | <input type="checkbox"/> Torch and spare batteries |
| <input type="checkbox"/> Hike boots or strong shoes | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Trainers | <input type="checkbox"/> Day sack (see note) and plastic drinks bottle |
| <input type="checkbox"/> Waterproof coat and trousers | <input type="checkbox"/> Polythene bags (for dirty clothes) |
| <input type="checkbox"/> Swimwear and towel | <input type="checkbox"/> Snack (not too many) |
| <input type="checkbox"/> Hankies | <input type="checkbox"/> High viability jacket (if you have one) |
| <input type="checkbox"/> Personal washing requirements and towel | <input type="checkbox"/> |

- It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.
- All items should be clearly labelled with the young person's name. It increases the chance of them coming home!
- **You need a small day sack to carry your drink and waterproofs/sun gear**

Please arrive wearing your hiking gear, with daysack containing your drink and light snack

Your sleeping bag and change of clothes should be in a separate bag.

We will be sleeping in the scout hut